

# The Growbag

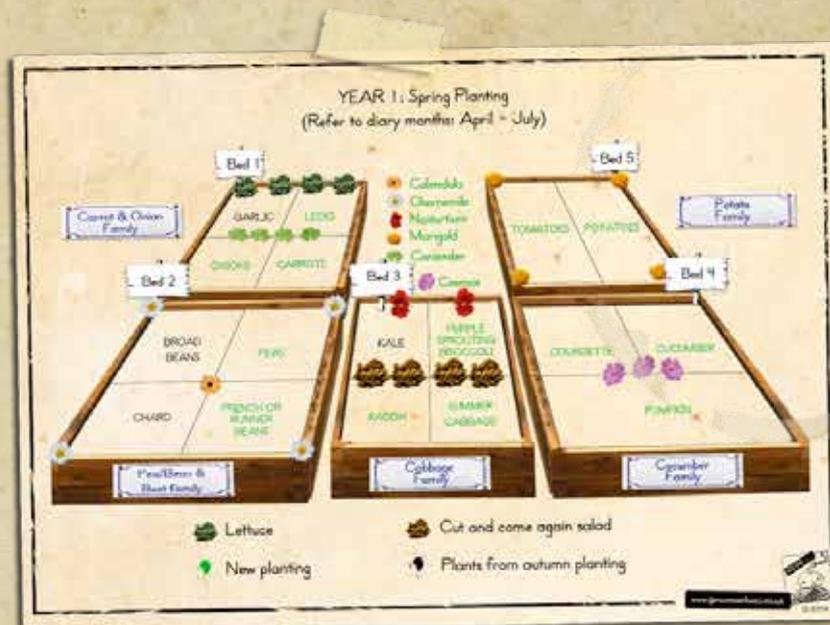
**The Growbag:** a comprehensive package of support and resources (including plants and seeds, a monthly garden calendar, growing diary, activities and instructions) that gets your school growing confidently, season after season and year after year. Those involved are guided and inspired to grow a range of healthy fruit, vegetables and herbs.

To get the most out of the Growbag we also provide links to the new curriculum across Science, D&T, Maths, English, Computing and Art and Design. The Growbag also supports your school to meet Bronze & Silver Eco Schools and Food for Life awards systems.



**Supported Growbag:** This support-based project provides children and staff with one intensive training day per half term with your own dedicated Grow practitioner for a full academic year. Email support and guidance is also offered for as long as you feel you need it coupled with our bank of worksheets packed full of ideas to keep the garden productive all year. £1800 inclusive of plants and resources.

**Unsupported Growbag:** Designed for schools on a smaller budget, this project offers all the Growbag resources, email support and guidance and all worksheets described above. £700 inclusive of plants and resources



Example bed plan



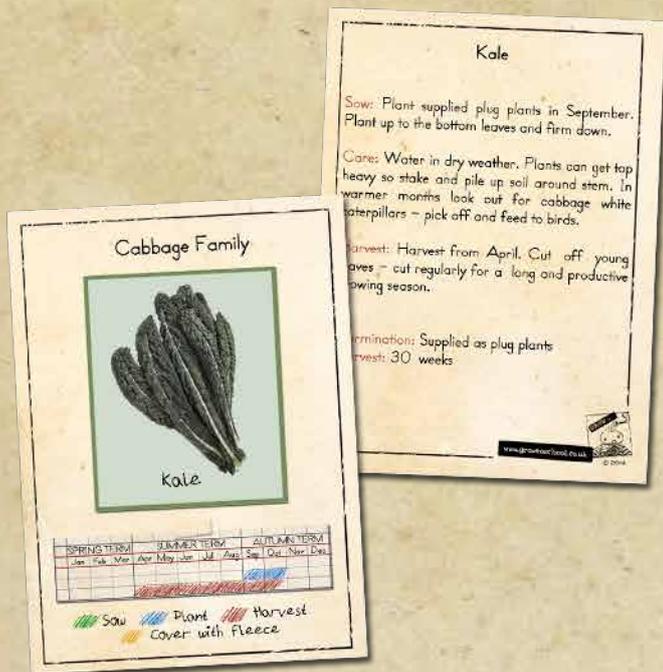
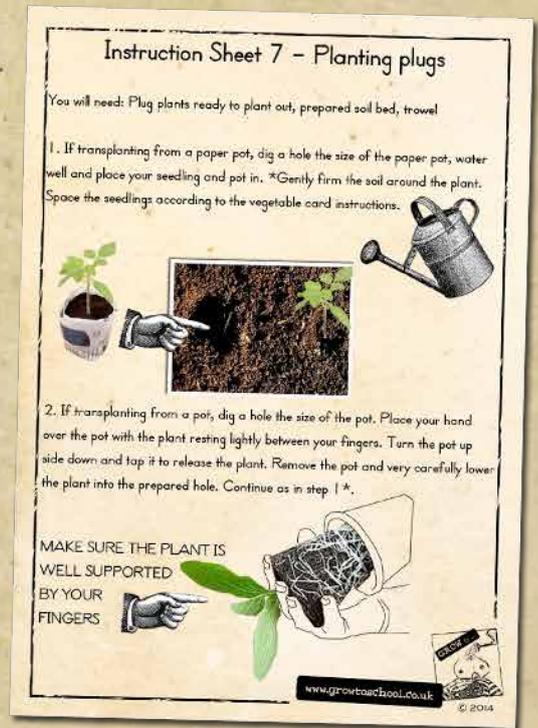
July	
<b>Cabbage Family</b> 	<b>Cucumber Family</b> 
<b>You will need:</b> Seeds, mulch, fleece, flexi canes, slug control <b>Tools:</b> Scissors, trowel, hand fork	
<b>First Year:</b> <ul style="list-style-type: none"> <li>Weed around kale (IS 1)</li> <li>Harvest kale with scissors (IS 3) it is a cut and come again crop</li> <li>Harvest radish when about the size of a large marble (IS 3) and re sow (IS 12)</li> <li>Thin out any seedlings with scissors (IS 20) refer to veg cards for spacing</li> <li>Harvest cut and come again salads with scissors (IS 3)</li> <li>Sow nasturtium (IS 12) if not done last month</li> <li>Fleece cabbage and purple sprouting broccoli (IS 16) to protect from cabbage white caterpillars</li> <li>Mulch carefully around crops remembering to keep space between your crops and mulch (IS 5)</li> <li>Protect crops from slugs and snails (IS 14)</li> </ul> <b>Following years:</b> <ul style="list-style-type: none"> <li>As for first year</li> </ul>	<b>First Year:</b> <ul style="list-style-type: none"> <li>Weed around plants (IS 1) and check for slug activity (IS 15)</li> <li>Dead head cosmos (IS 30) as needed</li> <li>Thin out vegetable seedlings with scissors (IS 20) if not done last month - refer to veg cards for spacing</li> <li>Mulch carefully around crops remembering to keep space between your crops and mulch (IS 5)</li> <li>Protect crops from slugs and snails (IS 14)</li> <li>Support cucumber plants (IS 29)</li> </ul> <b>Following years:</b> <ul style="list-style-type: none"> <li>As for first year</li> </ul>
Always refer to bed plan and vegetable cards for details when planting or harvesting.	

## The growing diary

The diary consists of a month-by-month list of chores to keep your garden growing. Each job has its own timeline and linked instruction sheets for those staff members that have little or no previous gardening experience.

## Instruction sheets

These A4 sheets explain simply and clearly how to carry out every activity in the diary. They include all the basics needed to maintain your garden, from weeding and composting to plant care and harvesting.



## Growing cards

These cards have all the information you need for every seed or plant variety supplied in your Growbag.

For more information please contact us at [grow@growtoschool.co.uk](mailto:grow@growtoschool.co.uk) or call Ama on 07710 084388

